

The Almost Monthly Epic-Cure® Newsletter

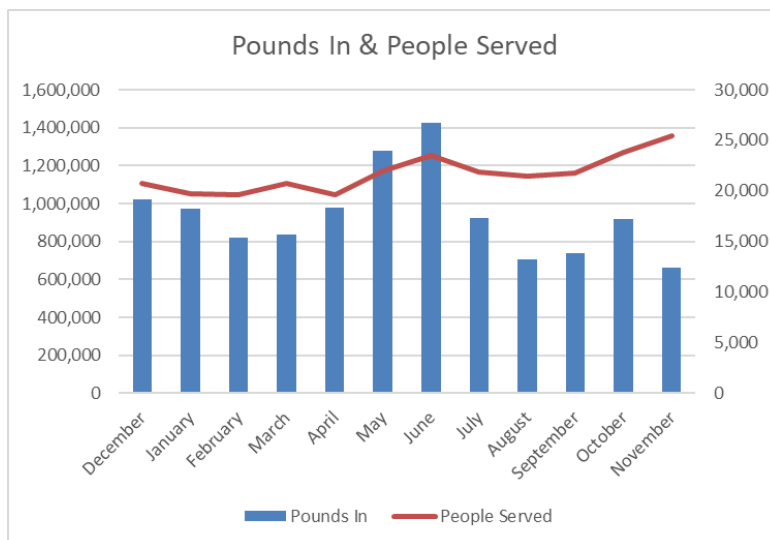
December 2025

The Report Card

The Epic-Cure *Report Card* as of November 30, 2025

Life to Date <i>(since May 24, 2019)</i>		
Pounds In/Out	40,149,426	
Wholesale Value of Food Distributed	\$81,850,514	
Pounds of Food per Family:	87.09	<i>Average pounds per family per visit</i>
Equivalent Meals Served:	33,457,855	<i>Assumes 1.2 pounds per meal</i>
Families Served		
Number of Families Served this month:	8,504	<i>in Month of November 2025</i>
Number of Distributions this month:	70	<i>in Month of November 2025</i>
Pounds of Food/Household Goods		
Total Pounds In / Out:	664,075	<i>in Month of November 2025</i>
Total Pounds In / Out:	789,111	<i>Average of 3 prior months</i>
Operating Efficiency		
Wholesale value of food distributed for each \$1.00 spent on Operations since inception:		\$47.04
Wholesale value of food distributed for each \$1.00 spent on Operations in October:		\$57.14

Here is our PIPS (Pounds In & People Served) Graph



Notes on the graph:

Thanksgiving affected intake this month. Even so, after a brief November dip, volumes surged in the first week of December, with more than 297,000 pounds received and processed.

The unpredictability of food rescue keeps us on our toes!



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Operations

With the Annual Report coming up, we will not issue a January newsletter.

This chart shows our monthly retail store pickup pounds, which provide a steady, reliable supply of meat, dairy, produce, and bakery items for our network. These consistent retail recoveries form the backbone of our weekly distributions.

In November, we added one Walmart store in Hastings and welcomed back the Publix on Anastasia Island (St. Augustine Beach) following its reopening. These additions are already contributing meaningful volume and variety to our weekly totals. In December, we are adding Aldi in St. Johns, further strengthening our retail footprint and increasing our capacity to rescue nutritious food close to home.

Month	Pounds
January	147,420
February	95,467
March	110,244
April	119,015
May	131,469
June	180,965
July	152,163
August	193,841
September	161,692
October	166,902
November	160,015
Grand Total	1,619,193

Bulk donations, on the other hand, are more like surprise gifts—arriving with variety and volume that require quick decisions about how best to share them. One week it might be tomatoes, carrots, watermelons, apples, pears, grapes, milk, toddler snacks, soda, sunscreen, and pimple patches; the next, it will be a variety of produce again alongside a truckload of Frito-Lay snacks and another full load of mixed bakery items.

That is what we can anticipate on a Sunday.

By 6 a.m. Monday, the real logistics of the week begin.

2025 Year-End and 2026 Year-Ahead Charitable Giving Goals

As you plan your charitable giving for 2025 and 2026, we hope you will consider supporting Epic-Cure in a way that directly strengthens our operations and increases our community impact. While funding operating costs isn't exciting, it is absolutely essential to keeping our mission moving.

We currently spend **about \$25,000 to \$30,000 per month** on rent, fuel, insurance, electricity, and other core expenses — and with that investment, we are able to provide **\$1.5 to \$2 million worth of food to the community every month**. Your support truly multiplies into impact.

We also have several specific needs in Palatka that would make a tremendous difference in our capacity and efficiency: a forklift replacement battery and a commercial floor cleaner



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- **Forklift Battery Replacement — \$5,000**

Our Palatka distribution center relies on two forklifts, both essential for moving and processing the large volume of food we rescue every week. Both forklifts were purchased used, and their battery packs have now reached end of life. Cost for each reconditioned battery pack: ~\$5,000. We purchased one but need help affording the 2nd one.

Replacing these batteries ensures we can continue handling food safely and efficiently.

- **Commercial Floor Cleaner — \$15,000**

Our Palatka warehouse spans 14,000 square feet, and cleanliness is critical to food safety and required multiple times per week.

Right now, floors are cleaned with hand mops, hoses, and squeegees, which is extremely labor-intensive. A commercial floor scrubber would dramatically improve efficiency.

This investment would meaningfully enhance daily operations, cleanliness, and long-term sustainability.

- [If you are considering a year-end or early 2025 contribution toward any of these needs — or would like more information — please contact us at \[support@epic-cure.org\]\(mailto:support@epic-cure.org\).](#)

Your generosity helps us continue feeding families with dignity while rescuing millions of pounds of food each year. Thank you for making this mission possible.

Anyone that donates \$100 or more from now until the end of the year will get a free Food Waste is Bananas t-shirt.



Volunteer Opportunities We Are Actively Recruiting For

As Epic-Cure continues to grow, so does our impact. That impact is powered entirely by volunteers. We currently have several high-value opportunities available. If you or someone you know would like to make a meaningful difference in our community, please consider the roles below.

- ***On-Call Milk Rescue Team***

We are looking to build a small on-call, rapid-response pickup team for milk rescues at Southern Tire Mart on 207. They often reach out with little to no notice, and when they do, the quantities can be substantial—anywhere from 40 cases to full pallets of milk.

This opportunity is ideal for volunteers who:

- Can drive a box truck
- Are comfortable using a power pallet jack
- Are available for short-notice pickups

If you're willing to be part of this fast-acting team that helps us keep thousands of pounds of nutritious milk in our community, we'd love to hear from you!

- ***Sunday Morning Bakery Transport***

Every Sunday at 8:00 AM, we need a volunteer to transport bakery items from St. Augustine to Palatka. This one route can directly help 350 families receive fresh bakery goods.

Why this matters:

When bakery is held from Thursday or Friday donations until Sunday, much of it becomes stale. St. Augustine receives an *abundance* of bakery almost every day, especially Sunday mornings — far more than we need for local distribution. With this transport route covered, we can ensure that these high-quality items reach families in Palatka fresh and perfect.

If you can help on Sundays or want more details, please email support@epic-cure.org.

- ***Volunteer Writer for Donor Thank-You Letters***

We are seeking a volunteer who enjoys writing heartfelt, personalized thank-you letters to the donors who make our mission possible.

This role can be done from home and at your own pace. Your words will help strengthen our relationships with the generous people who support Epic-Cure.

If you're interested, email support@epic-cure.org.



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- **New Aldi Store Pickup – Tuesdays (St. Johns)**

Epic-Cure has just been assigned a new retail partner: Aldi at 100 Little Cypress Way in St. Johns. We need volunteers to join our retail pickup team to collect donations every Tuesday between 7:00 AM and 8:30 AM.

- The donation amount is manageable and should fit comfortably in an SUV.
- Training is provided, and you'll be paired with experienced volunteers as you learn the route.

Additional Backup Drivers Needed — “210 Corridor”

We are also expanding our backup pool for store pickups along the 210 Corridor in north St. Johns County.

Even being available as an occasional substitute helps ensure no donation goes uncollected.

To sign up or get more details, please email support@epic-cure.org.

Thank you, Publix in Palatka! Even with all of the donations we received to purchase turkeys, we never would have been able to provide them to 2,500 families without them agreeing to sell them to us in bulk for \$0.49 per pound. This is **Mike Corrigan**, the store manager, personally loading them on our trucks.



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The Players Fundraising Opportunity



TICKETS

- Your organization will receive \$40 from every ticket purchased with your unique promo code - **291VHU**
- Tickets are on sale from Nov. 18, 2025-Feb. 27, 2026, or while supplies last
- Tickets purchased through Chip-in must be for competition round days (Thursday, Friday, Saturday, and/or Sunday); tickets for practice rounds (Tuesday and/or Wednesday) are not available through this program
- Buyers are limited to 6 tickets per account, per day; they may return 24 hours after the purchase for additional tickets
- Although general tickets are dynamically priced, meaning the cost will increase over time, tickets sold through the Chip-in for Charity Program will remain the same price (a great incentive for fans to buy through your organization); prices are:
 - Thursday, March 12, 2026 – \$95.00 + taxes & fees
 - Friday, March 13, 2026 – \$105.00 + taxes & fees
 - Saturday, March 14, 2026 – \$110.00 + taxes & fees
 - Sunday, March 15, 2026 – \$100.00 + taxes & fees
- Tickets can be purchased through Ticketmaster [HERE](#); purchase instructions are attached.

NEW INCENTIVE: They are offering a \$1,000 prize for the group that sells the most Thursday and another \$1,000 for the group that sells the most Sunday tickets – that's two opportunities to earn more!



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How You Can Help

Together, we are making a difference where it is needed most.

- **Make a Donation:** Every dollar goes toward fuel, electricity, insurance, and keeping our trucks running. [Link to Donate.](#)

Interested in a behind-the-scenes look at what we do? Email support@epic-cure.org and one of our Board Members will be happy to schedule a warehouse tour or food rescue ride a long for you.

- **Share Ideas:** Have a suggestion or potential resource? We would love to hear it.
- **Hold a Fundraiser:** Do you like games of chance? Why not hold a Bingo night benefitting Epic-Cure? Do you like cookies and cakes? How about a bake sale? These are easy and fun ways to bring friends together, meet new people, and directly benefit our neighbors.
- **Hold a Dry Goods Food Drive.**

Thank you to everyone who continues to support Epic-Cure – we could not do this without you.

Epic-Med

We have much to share about Epic-Med and will detail the program in our Annual Report for 2025. Suffice it to say – we have been busy on this front. Under the direction of Wendy Caudill (a member of Epic-Cure's Board of Directors) and here husband Dr. Jeremy Caudill, we have partnered with the Wildflower Healthcare clinic team to act as a clearinghouse for new or gently used, durable medical equipment. We donate this equipment when and where need is identified.

Epic-Cure currently provides about 200-300 square feet of storage space in the St. Augustine distribution center to house the donated equipment. In our new facility (see the next discussion), we will provide about 1,500 square feet of storage space for the Epic-Med program – about five times as much space in a loft over our new facility's office and break room space.

Here are photos of the clinic in Honduras, where we sent the wheelchairs, walkers, canes, and crutches. We also sent nebulizers, wound supplies, blood pressure cuffs, infant scales, IV poles, and lab supplies.



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Here is a list of some other places where we have supplied these supplies:

- Ukraine
- Haiti
- Costa Rica
- Mexico
- And, of course, locally to homebound patients and the local free clinic and their patients.

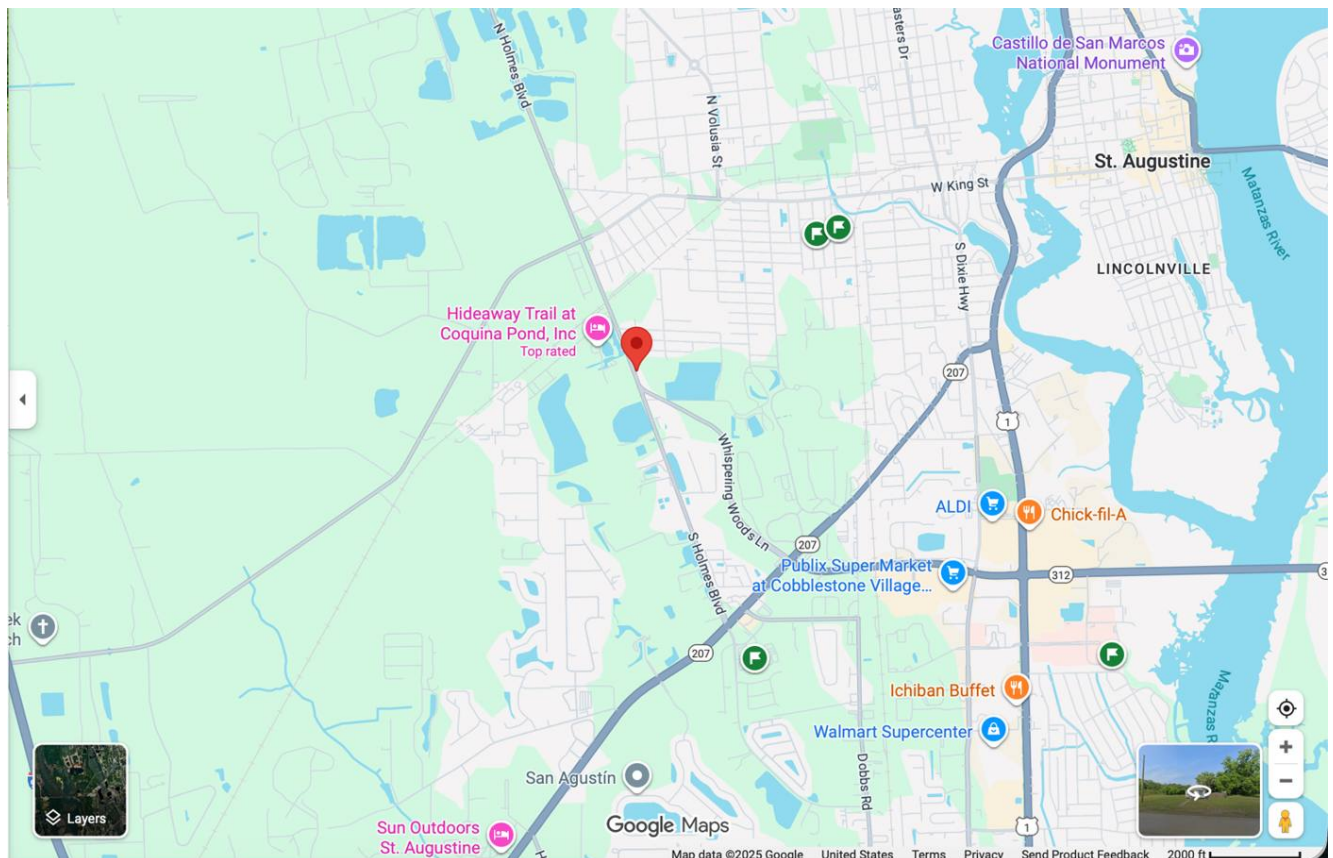


Saint Augustine Distribution Center Update

As nearly everyone by now knows, we continue to make good – but slow – progress on our big project: the construction of the Epic-Cure Food Security Distribution Center in Saint Augustine. The facility will be just over 10,000 square feet. It will have a dock height foundation, allowing a semi truck to back up to one of three loading bays for efficient loading or unloading. Our refrigerated box trucks will benefit from this feature, too. Safety and efficiency will be the key benefits. This structure will allow us to accept very large donations of food from logistics companies, quickly turning them around so they may get back on the road to keep on truckin' and ease costs – time and money – in the supply chain.

We have successfully rezoned portions of the land that we purchased in 2025 for the site. All architectural drawing and most of the required civil engineering work has been accomplished, though both aspects are still subject to change to satisfy land planning and environmental concerns. We are aware that the changes may be small or major. We will address each as it arises. Our current plan is to complete the permitting process and, if we are lucky, begin construction in the first quarter of 2026 (January through March), a timeframe that could very easily slip into the April to June quarter. We hope it does not slip, but as the NY State lottery regularly advertises: “Hey, ya never know.”

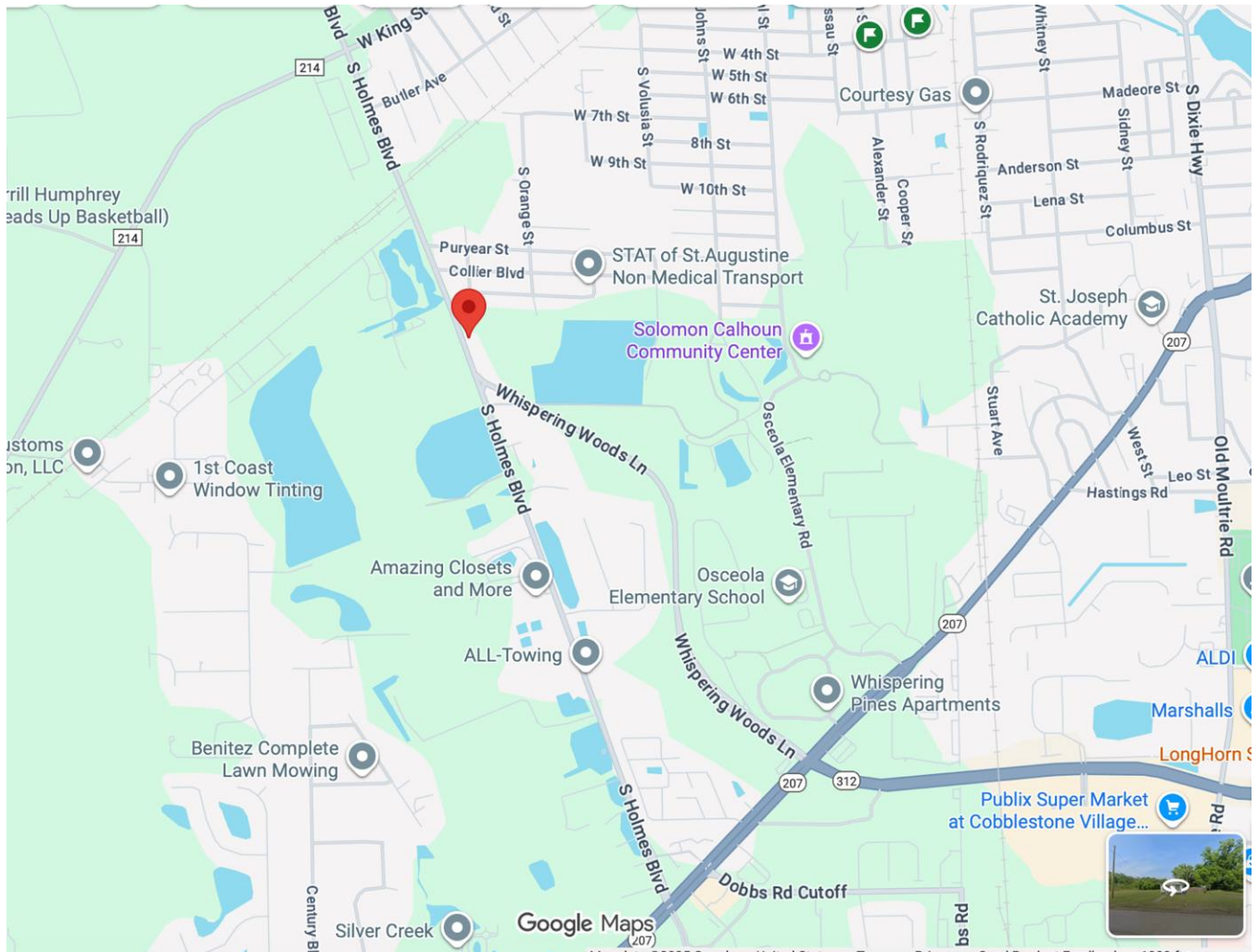
The facility will be located at 450 South Holmes Boulevard in Saint Augustine. The little red pin shows the location:



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Zooming in a little:

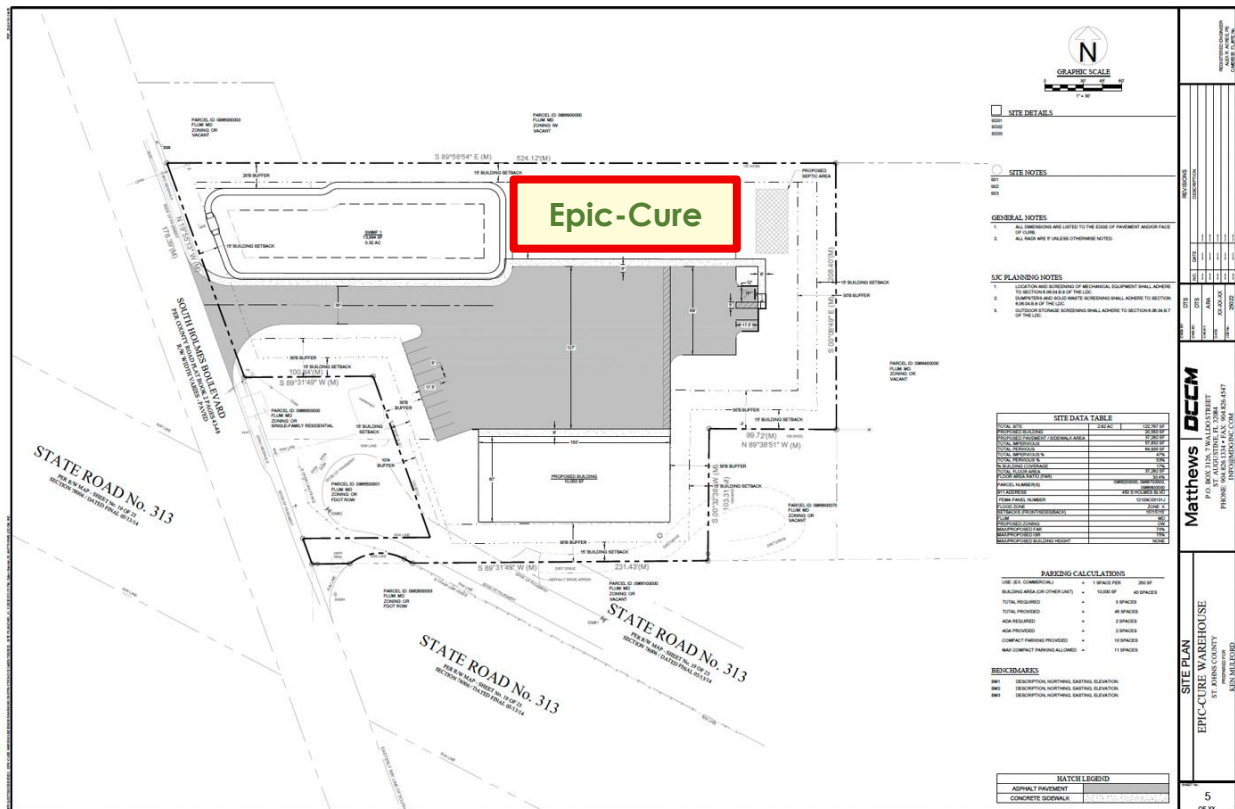


We display the Site Plan (as of December, 2025) on the next page:



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The Distribution Center is at the top of the diagram, helpfully labeled “Epic-Cure.” The retention pond is located immediately to the left of the building, and the grey area is the driveway and parking lot. There will be plenty of room to park and for maneuvering trucks loaded with food and household goods.

The facility will have plenty of cold storage. In addition to the 1,000 square feet allocated for Epic-Med’s storage needs, we will use 3,000 square feet of the facility for our Sustain U. cooking classes, providing a full commercial teaching kitchen as well as a full commercial production kitchen that we hope to utilize to prepare donated food for programs like Meals on Wheels.

We have some renderings of the facility-to-be. They were drawn using the architect’s plans and should give you a good idea of what the Distribution Center will look like.

The first one – on the next page – is the front of the building. Take note of the dock height loading bays which will accommodate refrigerated box trucks and semi trucks.



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Front of building:



Back of building.



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Side of building:



Side of building:



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Finally, here is a link to a video on YouTube that shows the Distribution Center rendered as a walk-around.

[3D Walk Around - Epic-Cure Food Security Distribution Center](#)

Feel free to explore!

Awareness:

An easy, impactful way that you can help us is to please ...

Save and Drop Off Your Grocery Store Plastic Bags

You will help reduce waste by allowing us to re-use them. You will save us money by reducing the number we have to purchase.

Transparency:

Anyone who wishes to see *[Epic-Cure's financial statements](#)* need only ask.

Our CPA-Audited financial statements and tax returns for fiscal years 2021, 2022, 2023, and 2024 have been released and are available upon request.

- Also available on our website.
- Click here to view: [Epic-Cure's Financial Statements](#)

Please email your requests to Sunny Mulford: sunny.mulford@epic-cure.org

