



# Epic-Cure Inc.® 2023 Annual Report

## The 4 Pillars of the Epic-Cure® mission:

- ✓ Eliminate Food Insecurity
- ✓ End Food Waste
- ✓ Cut Greenhouse Gases
- ✓ Cooking Classes: Vets & Title-1 School Children
- ✓ Emergency Response

# Core Values - Epic-Cure Inc.®

## Fostering a pervasive community ethos of dignity, respect, and cooperation

### The Epic-Cure Pledge of Dignity, Respect, and Non-Discrimination

**NON-DISCRIMINATION:** Epic-Cure believes that every human being deserves to be treated with dignity and respect. We pledge to serve every individual, group and community with dignity and respect, and without regard to race, color, ethnicity, citizenship, religion, sex and/or gender, gender identity and/or expression, national origin, ancestry, age, marital status, disability, sexual orientation, unfavorable discharge from the military or status as a protected veteran.

**INTEGRITY:** We will identify and continuously do what is right and good for our planet and our good people.

**RESPECT:** We will preserve and enhance the dignity of our volunteers and those we serve - our good people.

**APOLITICAL:** We have no interest or involvement in, and remain silent on, political affairs and debates and will never recruit someone to join any political, ideological, or sociopolitical cause.

**NON-PROSELYTIZING:** We have no interest or involvement in, and remain silent on, religious affairs and debates and will never recruit someone to join one's faith or cause.

**DIVERSITY:** We embrace diversity and professionally deliver the utmost value to our volunteers and those we serve.



# Epic-Cure Inc.® - Background & Mission

Formed in 2018, Epic-Cure® is a 100% volunteer non-profit, 501(c)(3), organization with a primary mission of ending food waste and food insecurity, particularly among the most underserved communities in NE Florida. With deep stakes in our community, the Board of Directors and the volunteers at Epic-Cure® are dedicated to urgent and continuous direct action to solve the problems of food waste and food insecurity.

Epic-Cure® targets disadvantaged communities and takes its free food distributions directly into those neighborhoods.

This method of food distributions - mobile distribution - ensures maximum access to nutritious food for those most in need and has resulted our having rescued and distributed more than 20 million pounds of free, healthy food (primarily fresh produce, meat, and dairy) to the food insecure in the 4.5 years ended December 31, 2023.



Epic-Cure Inc.®

# What We Do and How We Performed in 2023



# The Epic-Cure Mission

## 1. Eliminate Food Insecurity

1 in 6 people in America face hunger *(USDA)*

- Feeding Northeast Florida estimates that 330,000+ people in our service area are food insecure

## 3. Cut Greenhouse Gases

Wasted food ends up in landfills & emits biogas - primarily methane - over very long periods of time

- Methane gas is 10x more potent at trapping energy (warmth) than excess carbon dioxide (CO<sub>2</sub>). *(Environmental Defense Fund)*

## 2. End Food Waste

About 38% of all food produced in the U.S. is wasted

- We are throwing away to solution to food insecurity

## 4. Cooking Classes

Nutrition- and skills- based culinary education for Title-1 school children and veterans.

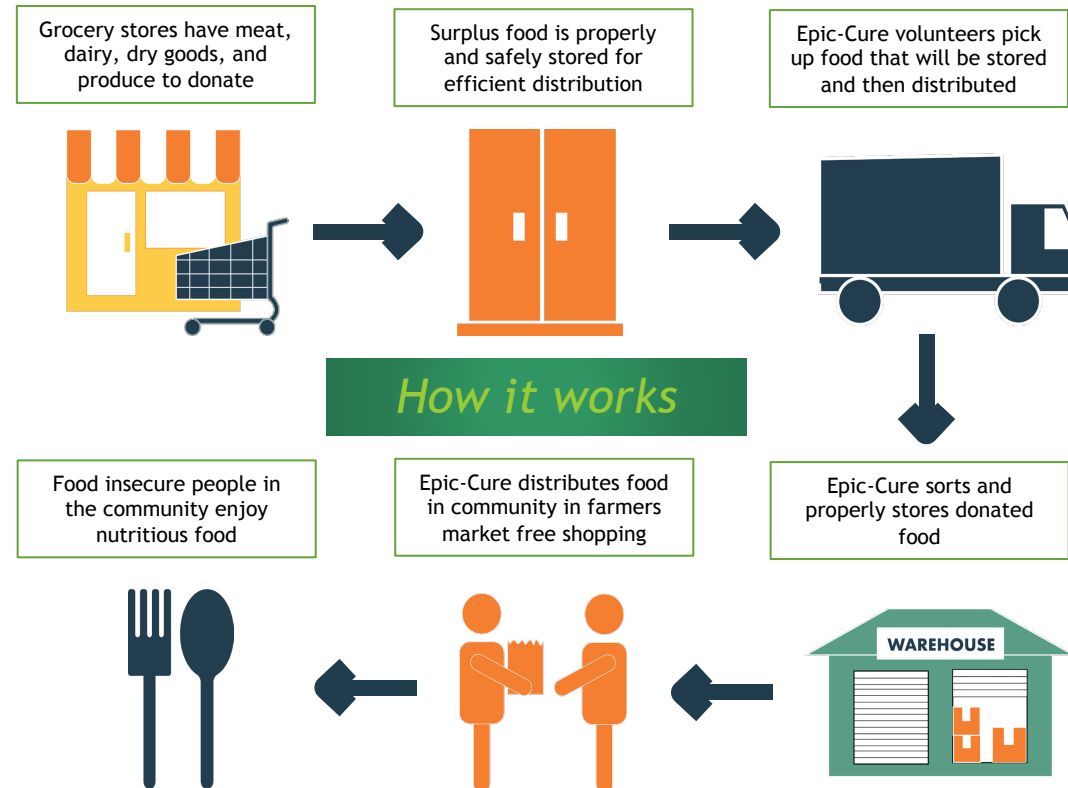
- Foster self-reliance, self-esteem

## 5. Emergency Response

FEMA Preferred Partner

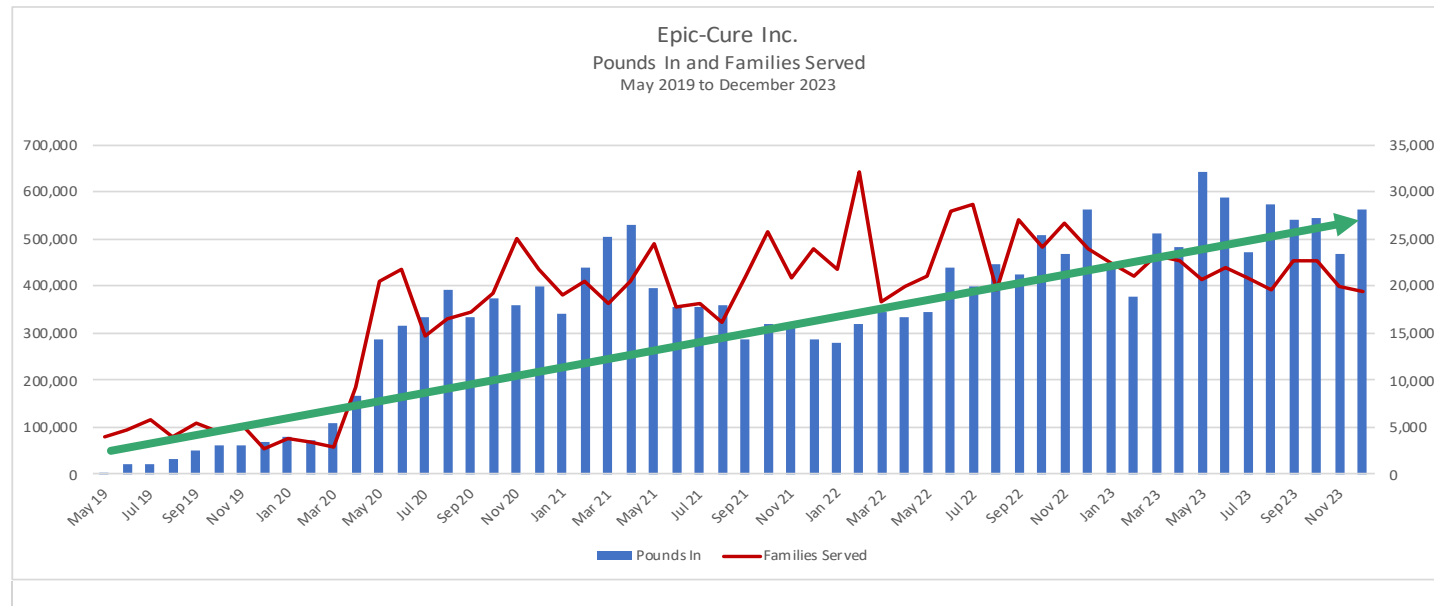


# Food is Available Epic-Cure® is Making a Difference



# Performance Milestones - Life to Date

(Data through December 31, 2023)



## Notes:

- In May and June of 2019 as restaurants shut down, we took in massive amounts of food from suppliers like Sysco.
- July and August of 2020 and February through June of 2021, we were flooded with government food assistance.
  - The need for food fluctuated based on increased food stamps, stimulus checks, and advanced earned income and child tax credits.
- In September of 2021, we began to experience significant food supply chain shortages.
- In 2022, we significantly increased our efforts to form new partnerships with food sources, which explains the steady increase in our Pounds In statistics.

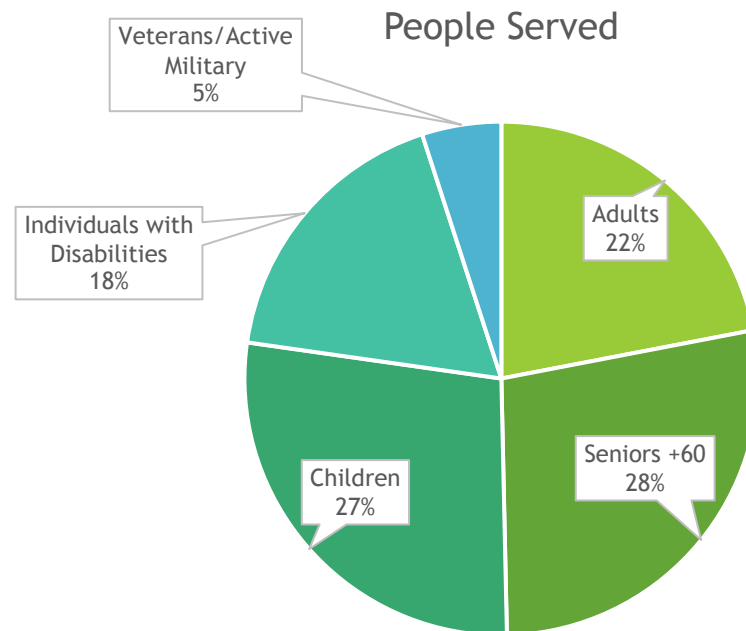
## Notes (continued):

- The graph excludes 965,308 pounds of items we received from FEMA from December of 2022 to March of 2023.
- In July 2023, our Flagler Estates distribution partner became an approved partner with Feeding Northeast Florida, and the 130 families that they serve each week were dropped from our count. Instead, we now add the allocations of food to our distributions to other food pantries.
- While the number of families served has not risen, we have materially increased food supplied to other food pantries: from 25,583 pound in 2021 to 360,024 in 2023.



# *Fostering a Community of Peace, Respect, and Dignity in the Face of Food Insecurity*

Children and Seniors are the greatest part of the problem of food insecurity





# Performance Milestones - Life to Date

(Data through December 31, 2023)

0

Employees

20+ million

Pounds of food rescued/distributed

\$38+ million

Wholesale value of food distributed

90,784

Times families served in 2023



# 2023 Letter from the Founders

Dear Friends,

Given the many and often acute challenges that Epic-Cure® faced in 2023, we look back in awe of what our extraordinary volunteers have accomplished in our community!

Inflation remained a challenge not only for the people we serve but also for Epic-Cure® itself. Low income households are the most harmed by inflation, because they spend more of their incomes on necessities like food, rent, and gasoline. Recent survey data from the Federal Reserve Bank of Dallas demonstrate that households with annual incomes ranging from \$25,000 to \$35,000 were found to be nearly 20% more likely to be “very stressed” by inflation than were those households with incomes of \$75,000 to \$100,000 (Federal Reserve Bank of Dallas Household Pulse Survey, 2021). As most of our patrons fall at or below the poverty income level (approximately \$25,800 for a family of three in 2023-24, according to Federal Poverty Guidelines), it is easy to see that inflation is an important driver of insecurity and stress and, thus, the health concerns and costs resulting from those conditions.

Inflation negatively impacted Epic-Cure® as well. We experienced a 77% increase in rent for our Saint Augustine facility in just two years, forcing us to consolidate our space there. We now have half the space (and half the rent). Unfortunately, we had to eliminate one food distribution serving 100 families each week. To compensate, we reconfigured the warehouse to permit other food pantries to shop for free food, allowing us to reach more families in more neighborhoods. Though we will continue to struggle with our higher overall cost structure, we view this extended reach as the silver lining. We will have more to say on inflation - so dominant is its impact on our beneficiaries - later in this report.

# 2023 Letter from the Founders

Let's start with our operational focus, which is where we can deliver the most good each day.

## Food Rescue, Food Insecurity, and Cooking Classes

In a recent report released by the EPA, a new ranking was unveiled - the Wasted Food Scale, at right. It replaces the Food Recovery Hierarchy originally developed in the 1990s and provides a rank ordering of ways to reduce food waste, from best (prevention) to worst (send down the drain, landfill, or incineration).

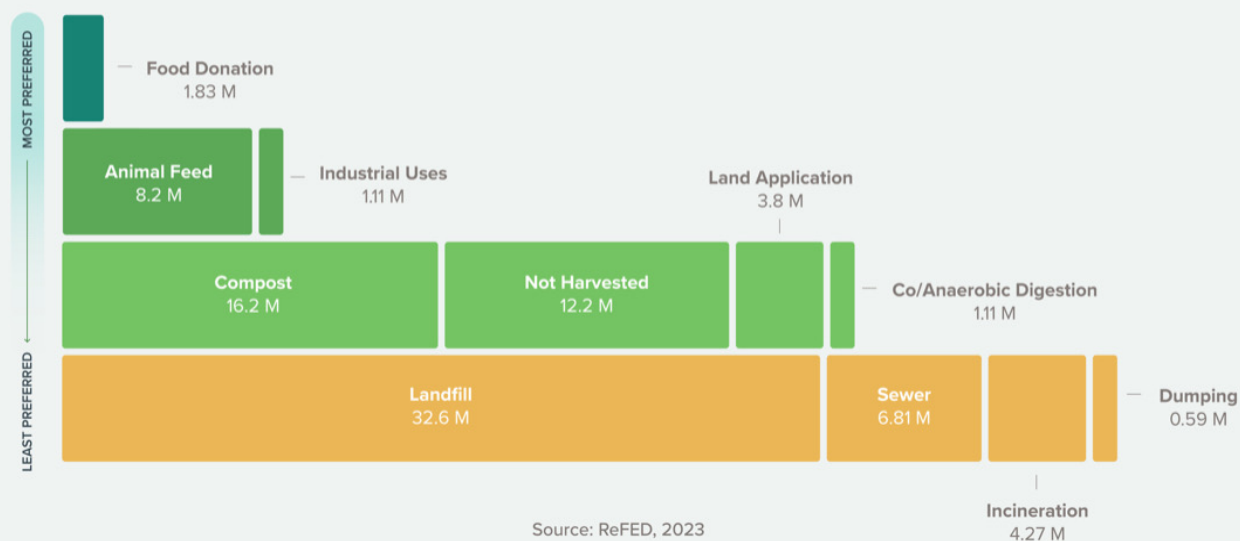
ReFED estimates that 93% of the climate impact of wasted food comes from upstream effects, i.e., everything that went into a product (food) before you got it. Regardless of how surplus food is used, if it is not used to feed people, that 93% is still lost and must be repeated to grow and create more food for people.

For the first time, this scale considers the environmental value of the product of solutions. Feeding people either through recovery or upcycling is the only solution that preserves the full value of surplus food, putting food recovery and upcycling squarely at the top as the most beneficial and impactful solutions after reduction.



# 2023 Letter from the Founders

Surplus Food (Tons) to Destinations in 2022



The chart to the left signals a continuing, poorly balanced set of outcomes for surplus food.

- ▶ 32.6 million tons to landfills is almost 18 times greater than total food donations of 1.83 million tons.
- ▶ Even the amount of food that we incinerate (4.27 million tons) far exceeds food donated for human consumption.

Meanwhile, food insecurity is on the rise.

# 2023 Letter from the Founders

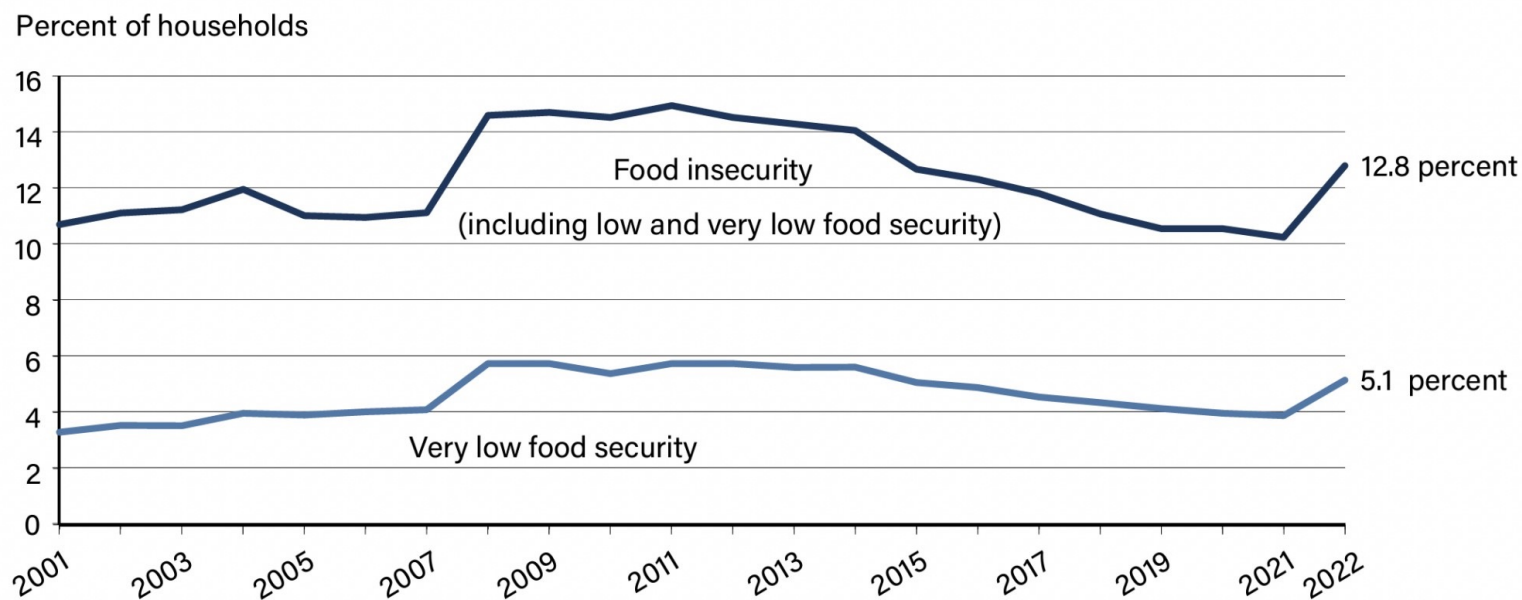
## Food Insecurity

At the end of October, the USDA released its annual report on hunger, and the trend is not good. Food insecurity rose and is higher than we have seen at the height of the COVID Pandemic. In 2022, 12.8% of households (17.0 million people) were food insecure. In 2021, 10.2% of households were food insecure (13.5 million people). In one short year, 3.4 million more people became food insecure. This sharp trend reversal is a major cause of concern, especially as the full effects of growing inflation and declining government fiscal stimulus (money for the people) had not fully worked their ways through the economy by the time of this USDA report. In other words, the data are behind the times, and worse data may come into view in the months ahead.

- ▶ The fact that the Supplemental Nutrition Allotment Payments (or SNAP) Emergency Allotment payments ended in March of 2023 suggests the rate of food insecurity in 2023 will be even more grim once reports are compiled.
- ▶ Along with the incidence of general food insecurity, the rate of severe food insecurity similarly rose. And while the rates of food insecurity have yet to reach those rates seen during the recession beginning in 2008, the rate of high food insecurity has risen disproportionately and is rapidly approaching the 2008 levels (Source: USDA). See the chart on the next page.

# 2023 Letter from the Founders

## Prevalence of food insecurity in 2022 increased from 2021



Source: USDA, Economic Research Service using data from U.S. Department of Commerce, Bureau of the Census, Current Population Survey Food Security Supplement.

Food rescue sits at the intersection of these two issues: wasting good food and food insecurity.

Epic-Cure® focuses on both problems with one elegant solution - food recovery. As we continue to face growing impact of hunger, the growth of food rescue sits squarely at the center.

Supporting Epic-Cure® is not only an act of charity, but also an investment in the health and well-being of people and the planet.

# 2023 Letter from the Founders

On September 16, 2015, the U.S. Department of Agriculture (USDA) and EPA announced the U.S. 2030 Food Loss and Waste Reduction goal, the first-ever domestic goal to reduce food loss and waste. The goal seeks to cut food loss and waste in half by the year 2030. The progression of food waste estimates over the last 4 years are:

- ▶ 2020: 72 billion
- ▶ 2021: 108 billion
- ▶ 2022: 108 billion
- ▶ 2023: 160 billion

As improved analytics and studies come out about food waste, the picture looks grimmer. Sources on food waste (Feeding America, USDA, ReFed) now estimate food waste to be 38% of total food produced in the US.

Year	Sector	Pounds of Supply	Pounds of Surplus	Pounds of Waste	Pounds Donated
2021	Farm	202,915,809,373	31,014,998,290	27,051,394,410	500,872,662
	Foodservice	122,203,479,163	25,773,080,309	25,659,289,381	110,723,174
	Manufacturing	987,824,707,030	26,841,135,304	14,044,535,021	913,822,416
	Residential	337,324,904,500	88,174,776,033	87,129,653,025	0
	Retail	299,051,622,651	10,247,662,768	6,016,666,517	1,996,056,799
<b>2021 Total</b>		<b>1,949,320,522,717</b>	<b>182,051,652,705</b>	<b>159,901,538,354</b>	<b>3,521,475,051</b>



# 2023 Letter from the Founders

There are other broad financial benefits to society in eliminating food insecurity: reduced medical costs. Remember this article from our December 2023 newsletter:

*by Mark Hyman, MD, Chairman, Institute for Functional Medicine*

Not too long ago, a group of doctors and public health experts at Massachusetts General Hospital noticed something striking: many of the patients who routinely showed up in the emergency room requiring the most medical services were also the patients who seemed to be the most nutritionally vulnerable.

They were patients with heart disease, type 2 diabetes, cancer, and other largely food-related chronic diseases. For hospitals and health insurers, these are among the highest cost, highest-need patients. Working with a local nonprofit group called Community Services, the doctors decided to launch a study to see whether providing these patients with nutritious meals would have an impact on their healthcare outcomes.

The researchers recruited Medicaid and Medicare patients and split them into different groups. One group received regular deliveries of healthy meals that were made from scratch and designed by a registered dietitian: Each meal contained ingredients like locally caught seafood and locally grown Brussels sprouts, tomatoes, zucchinis, fruits and other fresh produce that nearby farms donated. Another group received nutritious meals, but they weren't specifically tailored to their individual medical needs. The third group did not receive any of the nutritious meal deliveries. What the study found in the ensuing weeks was astonishing. The two groups that had nutritious meals had fewer hospital visits, ultimately resulting in a 16 percent reduction in their health care costs. And that was after deducting meal expenses.



# 2023 Letter from the Founders

*Continued*

*by Mark Hyman, MD, Chairman, Institute for Functional Medicine*

The average monthly medical costs for a patient in the nutrition group shrank to about \$843 – much lower than the roughly \$1,413 in medical costs for each patient in the control group.

These types of groups recognize what our federal government sadly does not: To tackle the crisis, our national food policies must be aligned with our healthcare policies. Instead of just treating rampant chronic diseases, we must start preventing them – and we can do that with our forks.

When on a fixed income, processed foods are typically chosen because they are often less expensive and more accessible. They are also not as healthful as more expensive foods like fresh vegetables and fruits. In our food rescue and distribution operations in 2023, Epic-Cure® provided over 2 million pounds of fresh produce (out of the total of 6.5 million pounds we rescued and distributed) to the families we serve. The largest category of food that we rescued and distributed to the food insecure, fresh produce is too expensive for most lower income individuals. Consequently, the health benefits of distributing this healthful food to food insecure individuals extends directly into the costs born by our community due to poor health (stresses on the healthcare system, which are expensive to treat), absenteeism in school and from work (costs to local businesses in the short term and to individuals' long term earnings prospects).

Food insecurity creates nutritional deficiencies that are costly to our community in the short- and long- terms.

# 2023 Letter from the Founders

## Cooking and Nutrition Classes

Why are our cooking classes so important to our mission? Our students are exposed to a wide variety of fresh ingredients which will have the immediate benefit of improved nutrition and long term health benefits when they know how to use food that is in season (peak freshness and nutritional value). There is also the immediate social and economic benefit of taking a healthy meal home to feed their families.

We strive to foster self-reliance through our cooking classes. The skills we teach our students - both veterans and Title-1 school middle school students - help them to make healthy food choices and equip them with valuable life- and career- skills.

In 2023, we taught 96 classes for Title-1 students (middle school aged) and 36 classes for veterans and active military personnel.

We intend to continue to provide free cooking classes for veterans and Title-1 school students. We would also like to provide fee-based cooking classes to other students, the revenues from which will be used to underwrite the costs of the free classes. This plan requires that we obtain adequate cooking facilities, and we plan to incorporate this key element of the Epic-Cure® business plan into our planned new operational facility in St. Augustine, described, along with our hoped for purchase of the Palatka operational facility, on the following page.

# 2023 Letter from the Founders

## 2024 Goals - Capital Campaign

To ensure its long-term viability and to handle the increased throughput of food and household goods, Epic-Cure® seeks to secure grants and/or donations to:

1. **Purchase the Palatka warehouse: \$1,500,000.**
  - a. We have invested \$250,000+ in improvements.
  - b. Estimated purchase price: \$1,200,000.
  - c. Repave and create adequate parking: \$150,000 (est. based on old estimate from Duval Asphalt).
  - d. Fencing, repairs, improvements, furniture, fixtures: \$150,000
  
2. **Purchase a new 10,550 square foot warehouse in St. Augustine: \$2,100,000.**
  - a. \$175 per square foot: \$1,850,000
  - b. Refrigeration: \$100,000
  - c. Building Contingency: \$92,500
  - d. Commercial Kitchen: \$57,500

# 2023 Letter from the Founders

## 2024 Goals - Some final notes

Securing permanent homes for our operations is mission critical.

We will continue to seek food sources outside of the normal channels, including sourcing food from trucking and logistics companies when they experience rejected food deliveries.

- ▶ With our partners at FoodRecovery.Org (formerly, the MEANS Database), we are developing an Uber-like app to identify, in real time, rejected pallets of food and household goods at the point of delivery and providing current information to food banks and well equipped food pantries with the information needed to react and acquire these rejected shipments, shipments that would otherwise be thrown away in landfills.
- ▶ We seek adoption from all points along the food supply chain and believe that economic incentives for these companies will be compelling: possibly taking advantage of the enhanced tax deductions available to donors of food, reduced costs of delays for trucking companies, reduced insurance costs, and reduced environmental costs associated with reduced methane gas emissions from landfills.

Serving more people by enhancing our food bank operations.

- ▶ Continue to build relationships with other non-profits so we not only have more outlets as our sources increase, but so we can help them reduce their program costs, so they have more money to put into their areas of impact.

Food as Medicine

- ▶ Epic-Cure® has long partnered with various medical clinics to provide free health screenings. We would like to significantly expand those efforts in 2024.

# 2023 Letter from the Founders

We are especially grateful to our supporters: volunteers, donors, and grantors.

And at the risk of sounding just exactly like a broken record, we repeat our mantra with respect to our amazing volunteers:

***We stand on the shoulders of giants!***

Sincerely,

Sunny Mulford, Executive Director

Hanna Layton, Director

Ken Mulford, Managing Director



Sunny Mulford



Hanna Layton



Ken Mulford

Epic-Cure Inc.®

## Inflation

At Epic-Cure®, we believe that the single gravest threat to food security in Northeast Florida is inflation.

“Inflation increases the price of food and worsens food scarcity, increasing the likelihood that families will remain trapped in a cycle of poverty.”

- Compassion International

# Epic-Cure Inc.® - Inflation Commentary

Let's discuss inflation. Why? Isn't inflation a topic typically reserved for the nattering nabobs of the financial press or the everchanging forecasts of eggheaded economists? Yes, it sure is.

Given our interest in food security, we have a deep and abiding interest in it, too. So, let's dig in.

What is inflation? Well, one definition of "inflation" is "the act or process of filling something with air or gas" (Oxford Learner's Dictionary). While that might be apt for financial reporters, economists, and politicians, especially if one were to add the word "hot" immediately before "air," it is not the idea we care about.

The sort of inflation we want to understand is captured in this definition, also from the Oxford Learner's Dictionary:

*"A fall in the value of money and a general increase in prices."*

We care about this form of inflation because it poses serious challenges for many households, particularly households with low- and moderate- income. Low- to moderate- income households are the most likely to be food insecure.

According to the The Federal Reserve Bank of Dallas researchers Jayashankar and Murphy, inflation hurts low income households the most, stating, "They spend more of their income on necessities such as food, gas and rent – categories with greater-than-average

# Epic-Cure Inc.® - Inflation Commentary

"inflation rates – leaving few ways to reduce spending. When prices rise, middle-income households may react by consuming cheaper goods and buying more generic brands. Low-income households do not have the same flexibility; in many cases, they are already consuming the cheapest products.

"Additionally, many low-income households lack the ability of higher-income households to stock up when prices are discounted, buy in bulk and save, delay purchases if there is an opportunity to save in the future or buy more cheaply online. Low-income households are also likely to have smaller cash buffers to tide them over a period of high inflation." (*High inflation disproportionately hurts low-income households*, January 10, 2023).

Differences among racial and ethnic groups closely track income differences, according to Jayashankar and Murphy: "The incidence of high inflation stress is a good deal greater for Black and Hispanic individuals than for others; 57.2 percent of Hispanics reported inflation stress, 53.7 percent of Blacks, 43.6 percent of whites and 38.6 percent of Asians."

Renters, too, feel inflation's pinch. According to the Federal Reserve Bank of Dallas' Jayashankar and Murphy, "Because rents have been one of the largest drivers of inflation, renters are more vulnerable to shelter inflation than owner occupants ... We find that 56.5 percent of those paying rent were very stressed by high inflation as opposed to 43.4 percent of homeowners with a mortgage and 39.3 percent of owners without a mortgage."



# Epic-Cure Inc.® - Inflation Commentary

They conclude, writing, "Inflation is far too high and is particularly stressful for lower-income households—including many Black and Hispanic families, families with children and renters."

In sum, inflation does the most harm to low income families - those in living in poverty, suffering under- or un- employment, and those confronting a lack of affordable housing. Food insecurity derives primarily from poverty, unemployment, lack of affordable housing, and chronic health conditions. In other words, inflation compounds the injurious effects of food insecurity.

By extension, inflation aggravates the the ruinous effects of food insecurity, including:

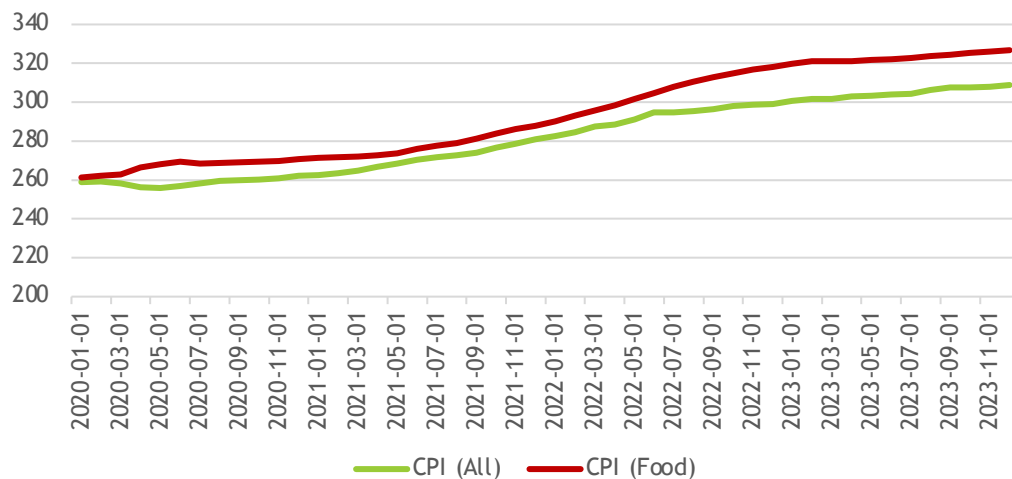
- ▶ Physical health: malnutrition, heart disease, diabetes, etc.;
- ▶ Mental health: depression, anxiety, stress;
- ▶ Wellbeing: isolation, shame; and
- ▶ School and work: attendance, concentration difficulties, and low energy.

Now that we have explored the concept of inflation and its link to food insecurity, let's turn to the recent experience of inflation. We will start with recent data on inflation from the Bureau of Labor Statistics and the Federal Reserve Bank of St. Louis' economic research division, known as FRED. We will look back to the beginning of 2020 and connect the dots to today (January 2024) so that we can then try to look ahead (thin ice, as every honest economist will affirm).

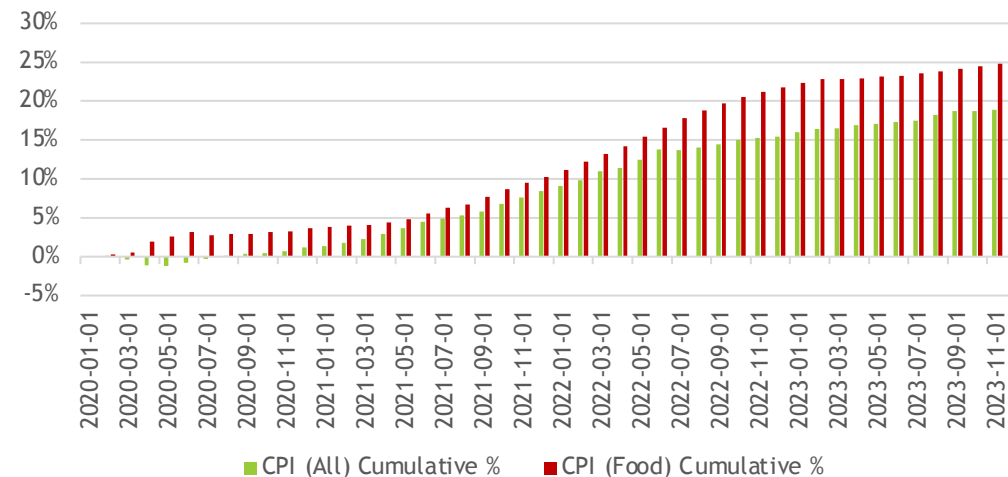
# Epic-Cure Inc.® - Inflation Commentary

From January 2020 to December 2023, inflation (the Consumer Price Index, or CPI) rose 19% while food inflation increased 25%. Everything costs almost 20% more today than it did just prior to the COVID-19 pandemic, and food is up by one-quarter in but four years. The graphs below are courtesy of the Federal Reserve Bank of St. Louis (FRED).

**BLS Consumer Price Index**  
All Items and Food Only  
2020 to 2024

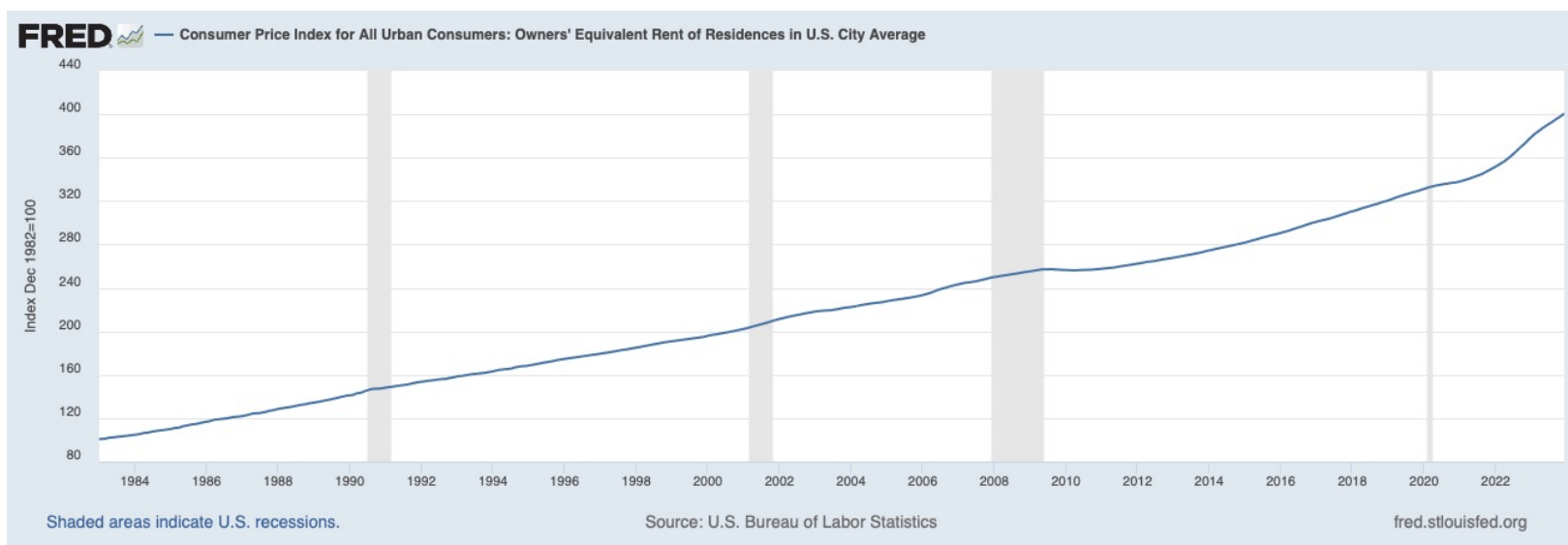


**BLS Consumer Price Index**  
Cumulative Change - All Items and Food Only  
2020 to 2024



# Epic-Cure Inc.® - Inflation Commentary

Overall inflation since January 2020 peaked at just under 10% annualized (about a year ago), and the latest reading from the BLS shows annualized CPI at 3.4% (December 2023), despite energy commodities dropping an annualized 2.9%. And housing (“shelter”) expenses continue to drive prices upward (they rose at a 6.2% annualized rate, Dec. 2023). At some point, shelter price increases must slow and perhaps even decline; however, such trends can take a very long time to unwind. In fact, since January of 1983, the “Owners’ Equivalent Rent” (OER, the measure for shelter in the CPI calculation) has pretty much gone from lower left to upper right, without a pause. Note that the Great Financial Crisis (2008 - 2009) saw home prices fall by 37.7% (Source: Core Logic Case-Schiller Index, FRED) while OER rose.



# Epic-Cure Inc.® - Inflation Commentary

What drove the COVID-era inflation? We did. During the lockdowns, people changed their purchasing habits. Services were off the table (literally: no one could enter a restaurant) and we instead turned to purchasing goods, like home improvement items and computers. Because so many goods were purchased by so many consumers - all at the same time - the industrial supply chains were strained. A good rule of thumb is that it takes about 18 months for supply chains to adapt (to catch up) to big changes in what we want and need, as in the COVID case. Supply chain disruptions - shortages of goods - have been corrected, driving the inflation rate down from just under 10% to almost 3% now.

When the COVID-era lockdowns were lifted, we switched back to purchasing services - restaurants, vacations, etc. - and the related new inflation is shaping up to be labor inflation. There is a shortage of workers willing to take traditional service jobs. We have all heard of the Great Resignation, too. The issue here is that the Baby Boom generation is retiring and taking their expertise and capital with them (the cost of capital, an important input into future economic development and job growth - will become increasingly scarce and will rise as Boomers deploy their savings in ever less risky capital investments, preferring safe and liquid securities like US Treasury bills, notes, and bonds).

Generation Z (the “Zoomers”) is currently replacing the Boomers in the workplace; however, in numbers, this is the smallest generation in ages. Consequently, there is a gap of more than 400,000 workers in 2023, and that gap could grow to nearly 1,000,000 workers by 2034, when it is expected to peak. The children of the next biggest generation - the Millennials - will not grow up and be trained until the 2040s. So, expect wage inflation to continue pushing prices upward, as companies raise prices to cover increased labor costs. Perhaps immigrants and migrant workers will fill the gap and mitigate these price pressure. Time will tell.

# Epic-Cure Inc.® - Inflation Commentary

Returning to the supply chain impacts on inflation, it is worth noting that the United States is slowly retrenching. From the end of World War II in 1945, its naval forces made the seas and oceans of the world safe for travel and trade, benefitting all, even its enemies (the USSR, for example). A major ramification of the resizing of the American Order is the trend toward deglobalization. Manufacturing, once the purview of foreign powers, particularly in Asia, sees a pronounced reshoring and “friend shoring” trend. Inevitably, this trend will push prices higher - that is, inflation will continue to find upward pressures - as production inputs, including labor, rise based on the significant demand this re-industrialization will require of America and its allies. The security pact that was the American order (basically, a bribe to our allies to ensure the containment of the USSR) is giving way to increased self-sufficiency, and the cost of this self-sufficiency will be measured in time, security, and money.

Geopolitical and economic changes will further drive inflationary pressures. In turn, inflationary pressures will continue to drive the process paid by both the producers and consumers of goods and services. The impact of this structural inflation will, to the extent that wages and government transfer payments (social security, SNAP benefits, etc.) do not keep pace. In short, inflation, which disproportionately impacts the food insecure, may remain a sticky problem for some time to come.

We at Epic-Cure will continuously and urgently address the problem of food insecurity in every way we can. We stand shoulder to shoulder with our volunteers and our recipients, and we do so at a fever pitch.

# Epic-Cure<sup>®</sup> Donors

12/18/2018 to  
12/31/2023

## Founders Circle Directors Circle Leaders Circle

### The Founders Circle (\$25,000 or more)

Church of Jesus Christ of Latter Day Saints  
Chubb Group  
Community Foundation for NE Florida  
Ken & Sunny Mulford  
Board of County Commissioners - St. Johns  
Stephanie Infante  
Beck/Sloan Properties  
Board of County Commissioners - Putnam  
Clay Electric Foundation  
NFP  
Kevin & Kimberly Leonardi  
Asado Life  
Greg Boester  
Christ Episcopal Church

### The Directors Circle (\$10,000 to \$24,999)

Richard Hardy  
Good Vibes Charitable Fund  
Amy E. Lohman  
JP Morgan Charitable Giving Fund  
The Bailey Group  
Janet McNabb  
Feeding Northeast Florida  
Jimmy Jam Community Outreach Inc.  
Burkhardt Distributing Co., Inc.  
Gentry Construction  
Linda McDonald  
Bi-Lo Winn-Dixie Foundation  
Florida Blue Foundation  
St. Augustine & St. Johns County Board of Realtors Foundation, Inc.

### The Leaders Circle (\$3,500 to \$9,999)

Anastasia Baptist Church  
Cool Transport, LLC  
901 The Gate Foundation, Inc.  
Joe & Hulya ODoherty  
Frank Sateriale  
Broudy Brothers Ltd.  
United Healthcare  
Bradley Infante  
Jeff Eggleston  
Betty Lesuer  
Gobo Enterprises  
Peggy Gachet  
Craig & Meredith Conroy  
Steve & Tara Vighetti  
Nicholas & Charity Roberts  
Vicki MacDonald  
Friends of the St. Augustine Amphitheatre  
Andrea Robinson  
Christopher & Carolyn Sivley  
Claude & Erika Rumsey  
Junior Service League of St. Augustine In  
Lewis Greenwood Foundation  
Master Craft Builders Group LLC  
Matthew & Karen Fairbairn  
Oak Gentry  
Sisters of St. Joseph  
The L John & Deborah Arbizzani Charitable Foundation

Mike & Lisa Chismark  
Sidney Ansbacher  
The Elks Club of St. Augustine Inc.  
Ponte Vedra High School  
Awaken City Church  
Darrin & Valerie Hayes  
Aza Health  
Chris Meloni  
Diana Peterson  
Teresa Veach  
Wendy Lantz  
Flagler Care Connect  
Andrew Peters  
Anthony Caico  
Putnam Community Medical Center Volunteer  
Susan Stansel  
Asado Life  
Old Moultrie Surgery Center  
Chris Layton  
Stephen Hall  
Auto Boutique  
David Cline  
Island Doctors  
Kenworth of Jacksonville Inc.  
Q-PAC Systems Inc.  
Sherry Hartman



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Joanne Barnes  
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Forde Firm LLC

32





# Epic-Cure® 2023 Full Year Income Statement - Revenues & Gross Profits

Epic-Cure Inc.													
Profit and Loss													
January - December 2023													
	Jan 2023	Feb 2023	Mar 2023	Apr 2023	May 2023	Jun 2023	Jul 2023	Aug 2023	Sep 2023	Oct 2023	Nov 2023	Dec 2023	Total
Income													
Amazon Smiles		306.73			115.04								421.77
Annual Golf Event									1,515.00	5,156.81	-1,636.50		5,035.31
Golf Sales								4,000.00	1,500.00	27,600.00	2,750.00		35,850.00
Total Annual Golf Event	\$ 0.00	\$ 0.00	\$ 0.00	\$ 0.00	\$ 0.00	\$ 0.00	\$ 0.00	\$ 4,000.00	\$ 3,015.00	\$ 32,756.81	\$ 1,113.50	\$ 0.00	\$ 40,885.31
Cash Donations	10.00	530.00	3,340.00	45.00	31.00	10.00	38.00	55.00	70.00	604.47	484.00	112.00	5,329.47
Clare Collins Memorial Fund		100.00	3,635.99	575.00	25.00								4,335.99
Direct Public Support	11,779.50	7,820.00	18,440.00	4,650.00	38,423.53	2,335.00	7,225.00	13,220.00	9,170.00	7,365.00	22,285.37	37,278.50	179,991.90
Corporate Contributions		28,289.44			24,000.00			26,834.77					89,724.21
Total Direct Public Support	\$ 11,779.50	\$ 36,109.44	\$ 18,440.00	\$ 4,650.00	\$ 62,423.53	\$ 2,335.00	\$ 7,225.00	\$ 40,054.77	\$ 9,170.00	\$ 7,365.00	\$ 22,285.37	\$ 47,878.50	\$ 269,716.11
EFSP Putnam County									1,550.00		1,550.00		3,100.00
EFSP St. Johns 11-1-21		5,115.00						1,286.67	1,128.00		1,128.00		8,657.67
Facebook Donations	455.26	95.00	140.33	87.09	165.00	210.08	280.05	1,550.00	275.08	135.22	0.11	0.06	3,393.28
Honor Cards											400.00	1,500.00	1,900.00
In Kind Food Donation		115.00											115.00
Other Types of Income					15.66						100.00		115.66
Paypal Grant			1.00								100.00		101.00
Sales	100.00				5,000.00								5,100.00
Shine A Light Annual 5k								1,112.00	2,670.00	8,869.00	2,111.00		14,762.00
Treasury Fundraiser	2,800.00	40,558.99											43,358.99
Valentines Rotary Fundraiser	5,247.34	4,381.77		-4,629.11									5,000.00
Total Income	\$ 20,392.10	\$ 87,311.93	\$ 25,557.32	\$ 727.98	\$ 67,775.23	\$ 2,555.08	\$ 7,543.05	\$ 48,058.44	\$ 17,878.08	\$ 49,730.50	\$ 29,271.98	\$ 49,490.56	\$ 406,292.25
Gross Profit	\$ 20,392.10	\$ 87,311.93	\$ 25,557.32	\$ 727.98	\$ 67,775.23	\$ 2,555.08	\$ 7,543.05	\$ 48,058.44	\$ 17,878.08	\$ 49,730.50	\$ 29,271.98	\$ 49,490.56	\$ 406,292.25



# Epic-Cure® 2023 Full Year Income Statement - Expenses & Net Profits

Epic-Cure Inc.													
Profit and Loss													
January - December 2023													
	Jan 2023	Feb 2023	Mar 2023	Apr 2023	May 2023	Jun 2023	Jul 2023	Aug 2023	Sep 2023	Oct 2023	Nov 2023	Dec 2023	Total
Expenses													
Bank Service Charge		12.00		15.00				7.50			2.50		37.00
Total Business Expenses	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	450.00	0.00	0.00	450.00
Total Contract Services	0.00	350.00	0.00	0.00	125.00	0.00	0.00	6,700.00	192.75	0.00	150.00	0.00	7,517.75
Total Cooking Classes	416.86	1,919.51	501.10	765.53	1,331.13	970.09	430.34	0.00	777.17	550.61	98.17	100.49	7,861.00
Dumpster Services St. Augustine		341.72	667.71		319.36	634.65	307.10	645.88		330.46	337.81	722.50	4,307.19
EFSP Putnam											3,594.62	1,683.26	5,277.88
EFSP St. Johns											1,292.46		1,292.46
Total Facilities and Equipment	17,328.87	15,235.28	14,434.94	16,965.70	14,714.93	15,454.21	16,116.36	15,328.09	17,767.01	7,298.36	16,577.25	15,335.72	182,556.72
Operations													
Dumpster Service	241.46	166.97	542.67	322.73	321.05		316.25	309.77	319.35	319.35	321.92	317.23	3,498.75
Total Electricity	1,642.92	1,522.31	1,921.77	1,938.59	1,632.47	3,167.16	918.31	4,773.91	2,812.62	2,563.78	1,996.11	1,917.22	26,807.17
Food - Other	154.86												154.86
Total Fundraising Costs	1,668.78	30,175.96	431.30	64.68	811.80	69.70	22.23	819.42	6,577.01	16,953.45	8,631.38	2,273.51	68,499.22
Internet		184.83	45.77	111.25	111.25	111.25	232.50	111.25	111.25	111.25		225.69	1,356.29
Office Supplies	703.66	162.53	64.49	33.27	11.99	100.09		194.15	149.99	381.06	5.00		1,806.23
Pest Control													0.00
Total Pest Control	180.00	180.00	180.00	180.00	180.00	180.00	180.00	215.00	130.00	130.00	215.00	130.00	2,080.00
Postage, Mailing Service			63.00		63.00				2.79	66.00			194.79
Printing and Copying			72.84										72.84
Total Supplies	354.98	45.93	959.12	350.16	1,589.00	1,069.23	177.02	375.06	116.94	375.51	0.00	767.23	6,180.18
Telephone, Telecommunications				52.50	51.71	51.71	51.71	51.75	51.84	51.80	49.89	49.87	462.78
Truck Fuel and Maintenance	2,718.22	4,568.40	6,021.89	3,374.98	3,623.26	3,733.44	3,668.38	9,326.01	4,171.28	7,624.20	4,915.64	6,989.00	60,734.70
Website and Email Subscriptions	99.00	126.90	423.04	99.00	99.00	99.00	99.00	99.00	99.00	99.00	270.08	99.00	1,711.02
Total Operations	7,763.88	37,133.83	10,725.89	6,527.16	8,494.53	8,581.58	5,665.40	16,275.32	14,542.07	28,675.40	16,405.02	12,768.75	173,558.83
Total Other Types of Expenses	1,366.35	21,866.51	2,967.45	1,773.18	39.50	286.50	2,000.00	350.00	436.73	1,421.00	877.49	777.50	34,162.21
Ukraine Fundraiser				1,700.00				500.00					2,200.00
Uncategorized Expense					0.00								0.00
Volunteer Management Software Subscription						3,000.00							3,000.00
Total Expenses	26,875.96	76,858.85	29,297.09	27,746.57	25,024.45	28,927.03	24,519.20	39,806.79	33,715.73	38,725.83	39,335.32	31,388.22	422,221.04
Net Operating Income	-6,483.86	10,453.08	-3,739.77	-27,018.59	42,750.78	-26,371.95	-16,976.15	8,251.65	-15,837.65	11,004.67	-10,063.34	18,102.34	-15,928.79
Net Income	-6,483.86	10,453.08	-3,739.77	-27,018.59	42,750.78	-26,371.95	-16,976.15	8,251.65	-15,837.65	11,004.67	-10,063.34	18,102.34	-15,928.79



**Epic-Cure Inc.**  
**Balance Sheet**  
As of December 31, 2023

# Epic-Cure®

## 2023 Full Year

### Balance Sheet

	Total
<b>ASSETS</b>	
Current Assets	
Bank Accounts	
Checking (9319)	1,521.02
Second fundraiser (8026) - 2	1,045.37
Van Fuel and Maintenance Acct	1,422.37
Wells Fargo	26,594.15
Total Bank Accounts	\$ 30,582.91
Accounts Receivable	
Accounts Receivable	250.00
Total Accounts Receivable	\$ 250.00
Other Current Assets	
20' Reefer Storage Unit	5,000.00
3 Door Freezer	4,005.00
40x40 Walk In Freezer	42,615.05
Commercial Floor Cleaner	9,182.50
Daewood Forklift	4,838.00
Power Pallet Jack	6,393.00
Prepaid Insurance	3,335.31
Refrigerated Van	10,400.00
Toyotal Pallet Jack	3,068.00
Uncategorized Asset	-1.00
Undeposited Funds	5,605.00
Walk In Freezer St. Augustine	10,459.88
Total Other Current Assets	\$ 104,900.74
Total Current Assets	\$ 135,733.65
Fixed Assets	
Accumulated Depreciation	-42,619.01
Furniture and Equipment	256.04
Pallet Floor Jack	2,100.00
Refrigerated Trailer	7,300.00
Trademark	3,450.00
Total Fixed Assets	-\$ 29,512.97
Other Assets	
26' Refrigerated Truck	70,000.00
40' Refer Storage Units - 3	18,286.00
Forklift	8,000.00
Latter-Day Saints Grant	0.00
Leasehold Improvement for Freezer	73,637.77
Other Assets	2,758.89
Palatka Generator/Freezer Grant	11,500.00
Refrigerated Truck	56,085.00
Security Deposits Asset	6,205.00
Total Other Assets	\$ 246,472.66
<b>TOTAL ASSETS</b>	<b>\$ 352,693.34</b>
<b>LIABILITIES AND EQUITY</b>	
Liabilities	
Current Liabilities	
Other Current Liabilities	
Florida Department of Revenue	
Payable	0.00
Loan	0.00
Total Other Current Liabilities	\$ 0.00
Total Current Liabilities	\$ 0.00
<b>Total Liabilities</b>	<b>\$ 0.00</b>
Equity	
Unrestricted Net Assets	368,622.13
Net Income	-15,928.79
<b>Total Equity</b>	<b>\$ 352,693.34</b>
<b>TOTAL LIABILITIES AND EQUITY</b>	<b>\$ 352,693.34</b>

